

Super-vision and Consultation Using Technology

EXTENDING YOUR THERAPEUTIC OR SUPER-VISION PRACTICE

BEGINNING THE CONSULTATION OR SUPER-VISION RELATIONSHIP

I would like you to send me your response to these questions and we will discuss these reflections at our first meeting.

- What would you hope I would value or appreciate about the work you do or the environment you are immersed within?
- How do you think any cultural, lived-experiences differences will impact on the work we do together?
- What kind of process would assist you to talk about any tension you experience within this consultation or super-vision relationship.
- Given this is a new relationship, are there aspects of your life which you think it's important that I know about. Do you have questions about me which will assist you to enter this relationship.
- At the moment, what are the practice challenges for you in the therapeutic, super-vision or management relationships you facilitate?
- What are the personal or systemic conditions which either assist you or undermine you as you meet these challenges?
- How do you want this consultation process or super-vision relationship to assist you to meet these challenges?
- What practical skill do you want to highlight this year?
- An important focus of consultation or super-vision is the development of a reflective process identifying how you practically apply a Relational Narrative Orientation to your work. What will assist you to remain open to extension while holding on to a sense of competence.
- Those people using technology to mediate this consultation relationship need to identify local professional supports to assist you to clinically and professionally navigate any difficulties. This is essential as it will allow you to meet your local professional or legal requirements? This is particularly important if you work outside of New-Zealand as the professional and legal obligations differ country to country.

WHEN I BEGIN THE SKYPE PROCESS, WHAT WILL BE REQUIRED OF ME?

- Completion of exercises as recommended.
- Review of DVD series (including exercises)as recommended
- Participation in a reflective practice.
- The provision of direct therapeutic or super-vision work using audio recording, transcripts, letters and out-of-session private dialogue.

RECOMMENDATIONS

If you have attended less than 6 days training with Johnella , we recommend you review the 2 DVD Series either before or during the year.

APPLICATION

Email to : Jbirdwork@xtra.co.nz